



ENERGY CENTER SPORTS ACADEMY

***NEW NAME, NEW CLASSES & NEW TIMES.
KICKING OFF THE SEASON WITH A BLAST!***

THE ENERGY CENTER SPORTS ACADEMY WILL INTRODUCE YOUR CHILDREN TO VARIOUS SPORTS AT AN EARLY AGE, ENABLING THEM TO BUILD THEIR SKILLS, STRENGTH, AND SPORTS MENTALITY.

Our coaches do more than just drills; they make practice fun and memorable through games and team building exercises.

Don't worry about equipment, we'll have everything your children will need to be successful in whichever sport they choose.

EC Sports Academy covers the following sports:

Basketball, Football, Tiny Tumbling, Floor Hockey, Soccer, Sports Skills, T-Ball, & Cheer.

**ENROLLMENT IS OPEN, UNTIL THE 15TH OF SEPTEMBER
4 WEEKS, ONE 45 MINUTE CLASS A WEEK**

SPORTS

MEMBER \$40

NON MEMBERS \$65

TUMBLING

MEMBERS \$53

NON MEMBERS \$74

To Enroll please contact: Lianne Mankus 781-682-5833 or
email: LMankus@weymouthclub.com

ENERGY CENTER SPORTS ACADEMY

CLASS DESCRIPTIONS

SPORTS SKILLS - Sports skills incorporates the basics of sports: throwing, jumping, kicking, catching, running, hitting and more! Our professional coaching staff will use a variety of drills and games to keep these young athletes moving and learning in a fun environment. A new sport each week! Classes for 3-4 yrs and Classes for 5-6 yrs.

Class Times 3-4 yrs

Monday 9:30am, Monday 1pm, Wednesday 10m, Friday 1pm, Saturday 9am

Class Times 5-6 yrs

Tuesday 4pm, Wednesday 4pm, Saturday 10am

FOOTBALL- American football that is. Players will wear sneakers as they are taught to punt, pass and catch the pigskin by our Professional Coaching Staff. Don't worry mom and dad, no tackling yet. Appropriate for ages 4 to 6

Class Times:

Tuesday 4:40pm

T-Ball- This class introduce children to the fundamental concepts of the game in a fun, supportive, non-competitive environment. Coaches zero in on skills like throwing, catching, batting form, running bases and fielding through exciting, skill-focused play.

Class Times:

Wednesday 3:30pm, Thursday 4:30pm

FLOOR HOCKEY - Learn the basic skills of ice hockey without the ice. Players will wear sneakers as they are taught to move a floor hockey ball with their sticks by our Professional Coaching Staff. Appropriate for players ages 3 to 5

Class Time:

Monday 4pm,

TINY TUMBLING (\$)- This class is a great way for your child to conquer beginner movement milestones such as rolling, balancing, and jumping. Our instructor leads you and your child through parachute activities, songs and dancing, and organized fun! Creative play helps provide a great social avenue for the children! Your child will be guided through the movements as your child explores his/her environment and develops basic gross motor skills, and confidence! Appropriate for ages 2 - 5

Class Times:

Monday 1pm, Wednesday 1pm, Friday 1pm, Saturday 10:30am, Saturday 11:30am, Sunday 10:30am, Sunday 11:30am

SOCCER - Or football depending on where you come from. Players will need sneakers as they dribble, shoot, pass, and learn other skills from our Professional Coaching Staff. Classes for 3-4yrs and Classes for 5-6 years

Class Times: 3-4 yrs

Tuesday 3:30pm, Wednesday 4:30pm,

Class Times 5-6 yrs

Thursday 4pm, Friday 3:30pm

BASKETBALL - There is no better place to shoot some hoops and learn basic basketball skills. Our Professional Coaching Staff will use drills and games to help kids learn how to dribble, pass, shoot, and play defense.

Appropriate for ages 3 to 5

Class Times:

Monday 3:30pm, Friday 9:30am,

Sign up at the Energy Center, or email Lianne Mankus LMankus@weymouthclub.com or call 781-682-5833 for more information. Sibling discounts available



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ENERGY CENTER SPORTS ACADEMY APPLICATION

PLEASE FILL IN BOTH SIDES

Each session is four weeks long. Classes are 45 minutes in length. Parents must stay in the building during class. **Due to staff scheduling, the following policies are in place: NO REFUND or MAKE-UP of classes. We are not able to switch classes 2 weeks into the start of the session. A minimum number of participants will be needed for a class to be held.**

Sport _____ Day _____ Time _____

Session # _____

If your child is in school Days/Times: _____

Childs Name: _____ D.O.B. ___/___/___

Age: _____ Sex: _____

Parent or Guardian's Name _____

Address: _____

Cell Phone #: _____

Member _____ Non Member _____

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781-682-5833 for more information. Sibling discounts available**

Payment Information Form

The Weymouth Club requires an Electronic Funds Transfer (EFT) form for each sports academy participant and the tuition will be automatically deducted from a designated account on the 1st of every month. Each participant must have a card on file/account, associated with the EFT. Only one credit card may be put on a participants account.

Exceptions to this payment policy may ONLY be granted by

Lianne Mankus, Assistant Director of Energy Center lmankus@weymouthclub.com

75 Finnell Drive •Weymouth, MA 02188•781-682-5833•www.weymouthclub.com• Fax, 781-337-0270

- **IF FOR ANY REASON YOU NEED TO CANCEL/WITHDRAW FROM OUR PROGRAMMING, 30 DAY WRITTEN NOTICE IS REQUIRED BY EMAILING: LMANKUS@WEYMOUTHCLUB.COM. NONCOMPLIANCE WITH THIS POLICY WILL RESULT IN FORFEITURE OF FOUR (4) WEEK'S TUITION.**
- NO LESSONS ON: THANKSGIVING DAY, CHRISTMAS DAY, NEW YEAR'S DAY, EASTER MONDAY, MEMORIAL DAY, AND LABOR DAY. IF CLASSES ARE CANCELLED FOR ANY OTHER REASON, A CREDIT EQUALING THE AMOUNT OF ONE (1) CLASS WILL BE AWARDED TO THE ENROLLEE'S PROFILE. THIS CREDIT CAN BE USED FOR FUTURE ENROLLMENT (IN OFFICE ONLY), PROSHOP PURCHASES, AND OTHER SERVICES THROUGHOUT THE CLUB. RESTRICTIONS APPLY.
- **BY SIGNING THIS AGREEMENT YOU HAVE AUTHORIZED WEYMOUTH CLUB TO DEBIT YOUR REGISTRATION FEE. YOUR ACCOUNT WILL BE CHARGED UNTIL ALL YOUR PAYMENTS HAVE BEEN MADE. I FULLY UNDERSTAND THE TERMS OF THIS AGREEMENT AND PROMISE TO FULFILL THIS COMMITMENT. I UNDERSTAND THAT IT IS MY RESPONSIBILITY TO REVIEW MY MONTHLY STATEMENTS FOR ACCURACY OF PAYMENTS AND THAT PAYMENT IS DUE PRIOR TO CLASS START DATE. INT: _____**

I HEREBY REPRESENT TO WEYMOUTH CLUB, ITS AFFILIATED, SHAREHOLDERS, PARTNERS, OFFICERS, AGENTS, SERVANTS, EMPLOYEES, AND REPRESENTATIVES (COLLECTIVELY WEYMOUTH CLUB) THAT I AM IN GOOD PHYSICAL CONDITION AND AM ABLE TO SAFELY PARTICIPATE IN WEYMOUTH CLUB PROGRAMMING. I ACKNOWLEDGE THAT WEYMOUTH CLUB URGES EVERY PARTICIPANT TO HAVE A MEDICAL CHECK-UP BEFORE PARTICIPATING IN ANY WEYMOUTH CLUB PROGRAMS. I APPRECIATE THE DANGER OF PHYSICAL STRESS, STRAIN, OR INJURY AND ASSUME WHATEVER RISK IS INVOLVED AS A RESULT OF MY USE OF THE FACILITIES, EQUIPMENT, OR SERVICES OF THE WEYMOUTH CLUB.

I HEREBY RELEASE AND HOLD WEYMOUTH CLUB HARMLESS FROM AND AGAINST ANY AND ALL CLAIMS, LIABILITY, LOSS, DAMAGE, OR INJURY SUSTAINED OR INCURRED IN CONNECTION WITH MY USE OF THE FACILITIES, EQUIPMENT, OR SERVICES OF THE WEYMOUTH CLUB, AND WAIVE ANY AND ALL CLAIMS AGAINST WEYMOUTH CLUB FROM ANY DAMAGE OR LIABILITY RESULTING FROM OR IN THE CONNECTION WITH SUCH USE, EXCEPTING SUCH DAMAGE WHICH MAY BE CAUSED BY WEYMOUTH CLUB NEGLIGENCE.

I HEREBY GRANT WEYMOUTH CLUB CONSENT AND PERMISSION TO USE MY NAME, PORTRAIT, IMAGE, STATEMENTS AND COMMENTS AND TO COPYRIGHT, USE AND PUBLISH THE SAME IN WHOLE OR IN PART, IN ANY MEDIA FOR PURPOSES RELATING TO THE BUSINESS AND ACTIVITIES OF THE WEYMOUTH CLUB, INCLUDING TRADE OR ADVERTISING.

I HEREBY RELEASE AND DISCHARGE WEYMOUTH CLUB FROM ANY CLAIMS OR DEMANDS ARISING OUT OF OR IN CONNECTION WITH SUCH USES, INCLUDING BUT NOT LIMITED TO ANY AND ALL CLAIMS FOR LIBEL OR INVASION OF PRIVACY.

I UNDERSTAND AND AGREE THAT THE PROGRAM IS NOT A THERAPY PROGRAM, NOR SHOULD IT SUBSTITUTE FOR MEDICAL TREATMENT. THIS RELEASE, WAIVER AND CONSENT SHALL BE BINDING UPON ME AND MY HEIRS, LEGAL REPRESENTATIVES AND ASSIGNS.

SIGNATURE: _____ **DATE:** _____

OFFICE USE ONLY

CASH CHECK COF DEPT.CREDIT CLUB BUCKS WC/GC

OTHER CREDIT CARD INFO:

_____ **EXP** _____ **DATE:** _____ **CVV#:** _____