

tweens with Energy



Tweens with Energy is designed to take your tweens to the next fitness level. This program will increase your child's general fitness level while building self esteem and confidence.

Ages 12-16

Monday & Thursday from 5-6pm

(1 & 2 day options available)

Pricing: Members \$ 89/month , Nonmembers \$99/month (2 days/wk)

Pricing: Members \$ 50/month , Nonmembers \$60/month (1 day/wk)

Drop-in: \$20 (member), \$25 (non-member)

Contact Kim Adams: [**kadams@weymouthclub.com**](mailto:kadams@weymouthclub.com)