



GAUNTLET IS WEYMOUTH CLUB'S INTENSE FITNESS CHALLENGE.

YOUR MENTAL FOCUS, PHYSICAL STRENGTH, AND STAMINA WILL ALL BE TESTED IN THIS EXTREME GROUP TRAINING PROGRAM.

DO YOU HAVE THE GRIT TO SURVIVE THE GAUNTLET?

TRY YOUR FIRST SESSION ON US!

TO REGISTER CONTACT: MDEMPSEY@WEYMOUTHCLUB.COM