



WEYMOUTH
CLUB

More than Fitness... It's a Way of Life!

Pilates Reformer Teacher Training

With



BALANCEPOINT PILATES

Teacher Training since 1999

Love Pilates? Love to move?

STOP!

Don't waste time on unsafe, incomplete training....

***This is a phenomenal program**

***Bring the best to your students**

***An amazing scientifically sound format that delivers**

***Superior Education**

Our program meets national guidelines and is constructed to prepare you for the Pilates Method Alliance (PMA) certification exam, which can be taken upon completion of the full comprehensive program. *since 1999

We have a 100% NATIONAL PMA-CPT pass rate!

Location: Weymouth Club

75 Finnell Drive, Weymouth, MA 02188

REGISTER AT: WWW.BALANCEPOINTPILATES.COM

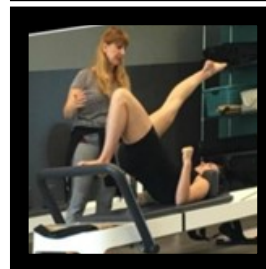
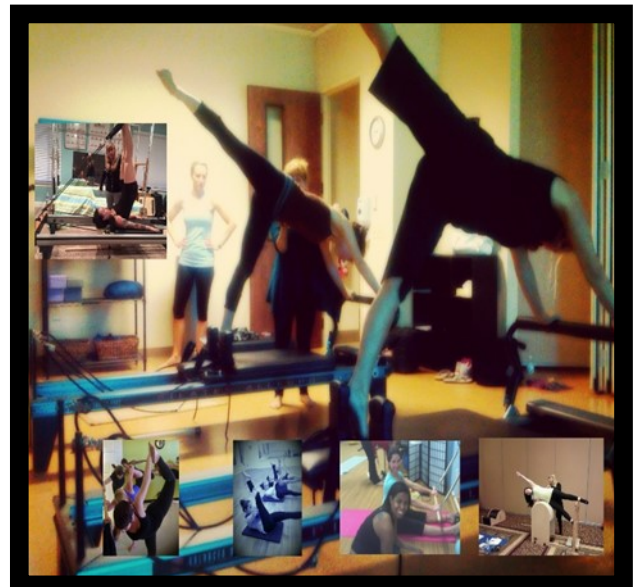
***GO TO WEYMOUTH CLUB TAB**

***EARLY REGISTRATIONS RECIEVE \$400. discount**

****Call for more info or to apply as a Bridge Student.**

This is a complete Reformer Training and is a pre-req. for Comprehensive Pilates Teacher & PMA

Laurette Ryan PMA-CPT 617-435-3185



4 Weekends of Training

***plus additional study hours**

Sept 9-10 Pilates Foundation (Mat Teacher) (Those with prior training may test out)

Sept-23-24 Reformer 1

October 14-15 Reformer 2

October 22- Group Reformer -Reformer Teacher Final