

# ADULT TENNIS CALENDAR

## MAY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 102 Adult 9:30-11:am</p> <p>101 Adult 7:00-8:30pm 102 Adult 7:00-8:30pm</p>	<p>2 103 Adult 9:30-11am</p> <p>102 Adult 6:30-8:00pm</p>	<p>3</p> <p>50/50Adult 7-8:30pm 103 Adult 7:00-8:30pm</p>	<p>4 Cardio 9:30-10:30am Ladies Singles Clinic 9:30-11 am 103 Adult 7:00-8:30pm</p>	<p>5 Serve and More 9:30-10:30</p>	<p>6 Cardio 9:30-10:30am 101 Adult 10:30-12</p>
<p>7 Advanced Singles 9-10:30am Fast Track 10-11 am Cardio 11:00-12:00am</p>	<p>8 102 Adult 9:30-11:am</p> <p>101 Adult 7:00-8:30pm 102 Adult 7:00-8:30pm</p>	<p>9 103 Adult 9:30-11am</p> <p>102 Adult 6:30-8:00pm</p>	<p>10</p> <p>50/50Adult 7-8:30pm 103 Adult 7:00-8:30pm</p>	<p>11 Cardio 9:30-10:30am Ladies Singles Clinic 9:30-11 am 103 Adult 7:00-8:30pm</p>	<p>12 Serve and More 9:30-10:30  <i>Round Robin</i></p>	<p>13 Cardio 9:30-10:30am 101 Adult 10:30-12</p>
<p>14 Advanced Singles 9-10:30am New Session of Adult Fast Track 10-11 am Cardio 11:00-12:00am</p>	<p>15 102 Adult 9:30-11:am</p> <p>101 Adult 7:00-8:30pm 102 Adult 7:00-8:30pm</p>	<p>16 103 Adult 9:30-11am</p> <p>102 Adult 6:30-8:00pm</p>	<p>17</p> <p>50/50Adult 7-8:30pm 103 Adult 7:00-8:30pm</p>	<p>18 Cardio 9:30-10:30am Ladies Singles Clinic 9:30-11 am 103 Adult 7:00-8:30pm</p>	<p>19 Serve and More 9:30-10:30</p>	<p>20 Cardio 9:30-10:30am 101 Adult 10:30-12</p>
<p>21 Advanced Singles 9-10:30am Fast Track 10-11 am Cardio 11:00-12:00am</p>	<p>22 102 Adult 9:30-11:am</p> <p>101 Adult 7:00-8:30pm 102 Adult 7:00-8:30pm</p>	<p>23 103 Adult 9:30-11am</p> <p>102 Adult 6:30-8:00pm</p>	<p>24</p> <p>50/50Adult 7-8:30pm 103 Adult 7:00-8:30pm</p>	<p>25 Cardio 9:30-10:30am Ladies Singles Clinic 9:30-11 am 103 Adult 7:00-8:30pm</p>	<p>26 Serve and More 9:30-10:30  <i>Round Robin</i></p>	<p>27 <i>Memorial Weekend Adult camps</i> Cardio 9:30-10:30am 101 Adult 10:30-12</p>
<p>28 Cardio 11:00-12:00am  Adult camps 10-11:30 am</p>	<p>29 <i>Memorial Day Adult Camp 10-11:30 am</i></p>	<p>30 New Session of Adult Clinics start!!</p>	<p>31</p> <p>50/50Adult 7-8:30pm 103 Adult 7:00-8:30pm</p>			

### **101 (Beginner)**

This class is for the beginner player with very little tennis experience. The focus of the program will be on learning basic strokes, as well as the rules and etiquette of the game.

### **102 (Intermediate)**

Now that you have mastered the basics it's time to work on consistency, shot placement, aggressive net play and proper tactical patterns of play.

### **103 (Advanced Intermediate)**

This class will focus on developing power and spin on your shots, and using slice and topspin. Specialty shots such as drop shots and lobs will also be covered.

### **104 (Advanced)**

Let our top professional staff run you through a series of intense drills. Drills will focus on taking both your singles and doubles game to the next level.

## **Adult Camps!**

**Adult camps running  
May 27th- May 29,  
10-11:30**

**Sign up for one day or  
multiple.**

## **Ladies 3.0-3.5 Singles Clinics**

If you are serious about your game and are looking for a way to increase your level of tennis in the upcoming season, this clinic is ideal for you! Develop sound tennis singles strategy in order to become a smarter player on the tennis court.

**Thursdays 9:30-11**



**WEYMOUTH  
CLUB**

*More than Fitness... It's a Way of Life!*

**For more information or to register,  
contact Tobias at  
tclemens@weymouthclub.com  
781-682-5861**

**New session of Adult Clinics starts  
May 30th!**

**Registration is open**

**If you would like to sign up, register with Tobias today:  
tclemens@weymouthclub.com**

## **Doubles Drop-In**

This dynamic play action format clinic will focus on priorities and positions, offense/defense aspects, as well as general considerations that affect the quality of your doubles game.

**Thursday 10:30pm-12:00pm**

## **Serve & More**

This clinic is formatted to focus on player's serves and the shots surrounding the serve. Players will develop their return, serve and volley and doubles play.

## **Cardio Tennis Price Drop!**

**Check out the class  
offerings below.**

**\$20M/ \$25NM**

**Thurs 9:30-10:30am  
Sat. 9:30-10:30am  
Sun. 11:00-12:pm**