

# 6 Lane Pool Schedule 2018

## Monday Pool Hours: 7AM - 8PM

Time/Lane	1	2	3	4	5	6
7a-8a	Lap Swim	Lap Swim	Lap Swim	Lap Swimming	Lap Swimming	Lap Swim
8a-9a	AM Energizer (S)					
9a-10a	Making Waves (S)					
10a-11a	Deep Water Mix (D)					
11a-12p	Rec Swim 12p-4p(S/D)			Lap Swimming	Lap Swimming	Lap Swim
12p-1p						
1p-2p						
2p-3p						
3p-4p						
4p-5p						
5p-6p	Swim School (S/D)			Lap Swim	Lap Swim	
6p-7p	Aqua Zumba (S)					
7p-8p				Lap Swim	Lap Swim	

## Tuesday Pool Hours: 7AM - 7:30PM

Time/Lane	1	2	3	4	5	6
7a-8a	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8a-9a						
9a-10a	Swim School 9a-12p All Lanes Shallow					
10a-11a	Swim School 9a-12p All Lanes Shallow					
11a-12p	Arthritis Deep (D)			Lap Swim	Lap Swim	Lap Swim
12p-1p	Rec Swim 11a - 4p					
1p-2p						
2p-3p						
3p-4p						
4p-5p	Swim School 4p-7p All Lanes Shallow					
5p-6p	Swim School 4p-7p All Lanes Shallow					
6p-7p	Total Body Blast (D)			Lap Swim	Lap Swim	Lap Swim
7p-7:30p	Rec Swim (S/D)					

\* No Lap Lane from 5:00 - 6pm

## Wednesday Pool Hours: 7AM - 8PM

Time/Lane	1	2	3	4	5	6
7a-8a	Pilates Flow			Lap Swim	Lap Swim	Lap Swim
8a-9a	7:45a-8:45a (S)					
9a-10a	Aqua Cardio Core (D)			Lap Swim	Lap Swim	Lap Swim
10a-11a	Swim School 9a-11:30a					
11a-12p	Rec Swim 11a-2:30p (S/D)					
12p-1p						
1p-2p						
2p-3p						
3p-4p						
4p-5p	Swim School 3:00p-7p (S&D)			Lap Swim	Lap Swim	Lap Swim
5p-6p						
6p-7p	Rec Swim (S/D)					
7p-8p				Lap Swim	Lap Swim	

## Thursday Pool Hours: 7AM - 7:30PM

Time/Lane	1	2	3	4	5	6
7a-8a						Lap Swim
8a-9a	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
9a-10a	Swim School 9a-10:30a					
10a-11a	Swim School 9a-10:30a					
11a-12p	Arthritis Deep (D)			Lap Swim	Lap Swim	Lap Swim
12p-1p	Rec Swim 11am-4pm					
1p-2p						
2p-3p						
3p-4p						
4p-5p	Swim School 4p-4:30p All Lanes					
5p-6p	Swim School 4:30p-6:30p (S&D)					
6p-7p	Aqua Power 6p-7p (D)			Lap Swim	Lap Swim	Lap Swim
7p-7:30p	Rec Swim (S/D)					

\* No Lap Lane from 5:30 - 6pm

Availability is subject to change based on events, holidays, and maintenance.  
 Please check the website and email prior to arriving for important updates.  
 An updated schedule will posted at the pool entrance each day.

# 6 Lane Pool Schedule 2018

## Friday Pool Hours: 7AM - 8PM

Time/Lane	1	2	3	4	5	6
7a-8a	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8a-9a	Aqua Fit (S)					
9a-10a	M2M 9a-10a (Shared Shallow)					
10a-11a	Swim School 9a-11:30a					
11a-12p	Rec Swim 11a-3:30p (S/D)					
12p-1p						
1p-2p						
2p-3p						
3p-4p						
4p-5p						
5p-6p	Swim School 4:30p-7p (S/D)					
6p-7p	Rec Swim (S/D)					
7p-8p						

## Saturday Pool Hours: 6AM - 6PM

Time/Lane	1	2	3	4	5	6
6a-8a	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8a-9a	H2O Cardio 7:30a-8:30a (S)					
9a-10a	Swim School 8am-1p (S&D)					
10a-11a						
11a-12p						
12p-1p						
2p-3p				Rec Swim 1p-6p (S&D)		
3p-4p						
4p-5p						
5p-6p	Rec Swim (S/D)					
6p-7p						

\* No Lap Lanes available 10am - 11am

## Sunday Pool Hours: 7AM - 5:30PM

Time/Lane	1	2	3	4	5	6
7a-9a	Swim School (S/D)					Lap
9a-11p						*No Lap
11a-1p						
1p-2p						
2 - 3p	Rec Swim 2p-5:30p (S&D)			Lap Swim		
3 - 4p						
4 - 5:30p						

\* No Lap Lanes available 9 - 12

### Color Key

	Lap Swimming Only
	Waves Swim School
	Water Fitness (S)-Shallow (D)-Deep (S&D) Both
	Recreational/Kids Swimming

S= Shallow End

D= Deep End

For any inquiries, questions, or comments regarding aquatics please contact us:

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