



WEYMOUTH CLUB

More than Fitness... It's a Way of Life!

AMERICAN RED CROSS WATER SAFETY INSTRUCTOR

WSI is a 32 hour course that takes place over 4 dates.

2018 Course Days/Times:

May 12th, 14th, 15th, & 16th:

- * Saturday 8-6pm
- * Monday 5-9:30pm
- * Tuesday 5-9:30pm
- * Wednesday 5-9:30pm

May 21st-24th:

- * 9a-3pm each day

May 29th, 31st, June 2nd, June 5th:

- * Tuesday 5-9:30pm
- * Thursday 5-9:30pm
- * Saturday 8-6pm



**American
Red Cross**

For more information or to sign up contact Emily Elliott
781.682.5819 or email eelliott@weymouthclub.com

GENERAL CLASS INFO

WSI

- Water Safety Instructor Certification
- The purpose of this course is to train instructor candidates to teach the Learn-to-Swim levels 1 through 5 in the American Red Cross Learn-to-Swim Program.
- Students will be expected to bring their own bathing suit, towel, writing utensils and a comfortable change of clothes.
- All candidates are responsible for providing their own Manuals. These are available in e-book format at no extra cost. Hyperlinks can be found at www.weymouthclub.com or www.redcross.org

PREREQUISITES

To enroll in the Water Safety Instructor Course you must be 16 years of age on or before the last scheduled class.

- To participate in the course you must demonstrate on the first day of class the following skills:
 - Swim the following strokes consistent with Stroke Performance Charts, Level four (4):
 - Front crawl (also known as freestyle) - 25 yards
 - Back crawl - 25 yards
 - Breaststroke - 25 yards
 - Elementary backstroke - 25 yards
 - Sidestroke - 25 yards
 - Butterfly - 15 yards
 - Maintain position on back 1 minute in deep water (floating or sculling).
 - Tread water for one minute

REFUND POLICY

The full balance of the course must be paid to reserve your spot in the course. If the enrolled student cancels 21 or more days prior to the start date of the course a full refund may be requested. If the enrolled student cancels inside of 21 days before the start date of the course no money will be refunded and a transfer to another course within 6 months may be requested. If the enrolled student does not pass the pre course testing or the course upon completion of all sessions they will be given a 6-month grace period to take another course, and no money will be refunded.

WAIVER

I accept full responsibility for my use (and/or my child's) of all apparatus, appliances, facility privileges, or service whatsoever, owned and operated at this club at my own risk and shall hold this club, it's shareholders, Directors, Representatives, and agents harmless from any and all loss, claim, injury, damage or liability sustained or incurred by me resulting there from. I understand that all class registrations must be prepaid.

In order to reserve your spot in a course you must fill out this form and provide payment for the course.

Name: _____ DOB: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

Course Requested: _____ Month _____ Dates _____

PAYMENT INFORMATION

Member: \$400

Non-Member: \$450

Total Due: \$ _____

Payments Accepted:

Cash -

Checks -

Credit Card #: _____

Exp: _____ CVV: _____

Name on Card: _____

SIGNATURE OF UNDERSTANDING

SIGNED: _____ DATE: _____

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