

Warm Water Pool Schedule 2018

Monday Pool Hours: 5AM - 9PM

Tabata Aq

Tuesday Pool Hours: 5AM - 9PM

5a-6a	Bay State Physical Therapy	
6a-7a		
7a-8a		
8a-9a		
9a-10a		
10a-11a		
11a-12p		
12p-1p		
1p-2p		
2p-3p		
3p-4p		
4p-5p		
5p-6p		
6p-7p		Water Fitness- Arthritis
7p-8p		
8p-9p		

5a-6a		
6a-7a		
7a-7:45a		
7:45a-8:45a		Water Fitness- Warm Water Flow
9a-10a		Water Fitness- Arthritis
10a-11a		
11a-12p		
12p-1p		
1p-2p		
2p-3p		
3p-4p		Autism Swim and Rec
4p-5p		
5p-6p		
6p-7p		
7p-8p		
8p-9p		

Wednesday Pool Hours: 5AM - 9PM

Thursday Pool Hours: 5AM - 9PM

5a-6a	Bay State Physical Therapy	
6a-7a		
7a-8a		
8a-9a		
9a-10a		
10a-11a		
11a-12p		
12p-1p		
1p-2p		
2p-3p		
3p-4p		
4p-5p		
5p-6p		
6p-7p		Water Fitness- Arthritis
7p-8p		
8p-9p		

5a-6a		
6a-7a		
7a-8a		
7:45a-8:45a		Water Fitness- Warm Water Flow
9a-10a		Water Fitness- Arthritis
10a-11a		
11a-12p		
12p-1p		
1p-2p		
2p-3p		
3p-4p		Autism Swim and Rec
4p-5p		
5p-6p		
6p-7p		
7p-8p		
8p-9p		

Warm Water Pool Schedule 2018

Friday Pool Hours: 5AM - 9PM

5a-6a	Bay State Physical Therapy
6a-7a	
7a-8a	
8a-9a	
9a-10a	
10a-11a	
11a-12p	
12p-1p	
1p-2p	
2p-3p	
3p-4p	
4p-5p	
5p-6p	
6p-7p	
7p-8p	
8p-9p	

Saturday Pool Hours: 6AM - 6:30PM

6a-7a	Open Swim - Please Share	
7a-8:45a		
8:45a-9:4		Hydro Pilates
9:45a-10:		Hydro Pilates
10:45a-11		
11a-12p		Autism Swim and Rec
12p-1p		
1p-2p		
2p-3p		
3p-4p		
4p-5p		
5p-6p		
6p-6:30p		

Sunday Pool Hours: 7AM - 5:30PM

7a-8a	Open Swim - Please Share
8a-9a	
9a-10a	
10a-11a	
11a-12p	
12p-1p	
1p-2p	
2p-3p	
3p-4p	
4p-5p	
5p-5:30p	

Color Key

	Open Swim - Please Share
	Bay State Physical Therapy
	Water Fitness
	Autism Swim and Rec

For any inquiries, questions, or comments regarding aquatics please contact us:

Swim School Admin	Maryann Finn	MFinn@weymouthclub.com	781.682.5883
Aquatics Director	Stephanie Higgins	SHiggins@Weymouthclub.com	781.682.5819
Assistant Aquatics Director	Emily Elliott	EElliott@Weymouthclub.com	781.682.5818
WAVES Swim Team	Jack Folcarelli	JFolcarelli@Weymouthclub.com	781.682.5820
Water Fitness Programming	Deb Quigley	WaterFitness@Weymouthclub.com	781.682.5809