



RECREATIONAL DANCE

All classes below are 1 hour long

MONDAY

Ballet/Tap	3:15	Ages 3-4
Jazz	4:15	Ages 6-9
Ballet	6:15	Ages 8-12
Jazz	7:15	Ages 9-14

TUESDAY

Ballet/Tap	4:15	Ages 4-6
Girls Hip Hop	6:15	Ages 7-13
Contemporary	7:15	Ages 8-14
Boys Hip Hop	4:15	All Ages

WEDNESDAY

Discovery Dance	9:00am	Ages 2.5-3
Discovery Dance	10:00am	Ages 2.5-3
Adult Tap	7:15	Adults

THURSDAY

Intro to Acro	3:15	Ages 5-8
Ballet/Tap	4:15	Ages 4-5
Ballet	7:30	Ages 12-15

FRIDAY

Discovery Dance	9:00am	Ages 2.5-3
Ballet/Tap	10:00am	Ages 3-4
Intermediate Acro	4:15	Ages 8-12
Advanced Acro	5:15	Ages 13+

SATURDAY

Discovery Dance	9:00am	Ages 2.5-3
Ballet/Tap	10:00am	Ages 3-4
Ballet?Tap	11:00am	Ages 5-7
Tap	12:30	Ages 10+
Pre Point	1:30	All Ages
Ballet/Tap	9:00am	Ages 4-6
Ballet/Tap	10:00am	Ages 7-9
Ballet	11:00 aam	Ages 10+
Intro to Acro	12:30	Ages 4-8
Intermediate Acro	1:30	Ages 8-12

COMPETITION DANCE

Audition/Invitation Required

MONDAY

Co 2 Choreo	5:15-6:15
Co 1 Choreo	4:15-6:15
Co 2 Choreo/Leaps/Turns	6:15-7:45
Co 3 Choreo/Leaps/Turns/Jazz/Contemp	7:45-9:15

TUESDAY

Hip Hop Co	4:15-5:15
Hip Hop Review	5:45-6:15
Co 1 Leaps/Turns/Jazz/Contemp	4:15-5:15
Co 3 Ballet	6:15-7:30
Co 3 Ballet	7:30-9:15

WEDNESDAY

Pre Company	4:00-6:00
Ensemble	9:00-7:15
Acro 1 Choreo	4:00-4:45
Acro Co. Skills	4:45-5:15
Acro 2 Choreo	5:15-6:00
Small Group Jazz	6:00-6:45
Small Group Contemporary	6:45-7:30
Co 3 Large Group	7:30-9:30

THURSDAY

Co 1 Tap	5:15-6:15
Co 2 Leaps/Turns/Jazz/Contemp	6:30-7:30
Privates, Small Groups	3:45-4:15
Co 2 Tap	4:15-5:15
Co 3 Review/Tech	5:15-6:15
Co 3 Tap	6:15-7:15
Co 3 Tap Choreo/Tap Company	7:15-8:15
Co 1 Ballet	4:00-5:15
Co 2 Ballet	5:15-6:30

FRIDAY

Small Group Contemporary	4:15-5:00
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PRICING:

MEMBER: \$75/MONTH FOR EACH ONE-HOUR CLASS PER WEEK

NONMEMBER: \$89/MONTH FOR EACH ONE-HOUR CLASS PER WEEK

FOR MORE INFO OR TO REGISTER VISIT WEYMOUTHCLUB.COM/DANCE

Dress Code

Dance with Energy follows a strict dress code for all classes and ages. Hair must always be pulled back neatly in a bun or ponytail. Students without the appropriate attire or hair will be asked to change or pull back their hair before participating in class.

Discovery Dance: Any solid color leotard, pink tights and pink leather ballet shoes. Skirts are optional.

Ballet and Tap ages 3-4: Any solid color leotard, pink tights, pink leather ballet shoes and black tap shoes. Skirts are optional.

Ballet and Tap ages 4-5: Any solid color leotard, pink tights, pink leather ballet shoes and black tap shoes. Skirts are optional.

Ballet and Tap ages 5-7: Black leotard, pink tights, pink leather ballet shoes, and black tap shoes. Skirts are optional.

Ages 6 and Up

- Ballet: Black leotard, pink tights, pink leather or canvas ballet shoes. Hair in bun. Skirts are optional.
- Tap: Black leotard, pink tights and black tap shoes.
- Jazz: Black leotard, tan jazz shoes, pink or tan tights, and black jazz pants or capris.
- Modern/Lyrical: Black leotard with tan, pink or black footless or convertible tights, barefoot.
- Hip Hop: For girls, solid color tank top or leotard, black jazz pants, capris or shorts, and black dance sneakers or black street sneakers*.

Performing Companies: Black leotard, pink ballet shoes, black tap oxford shoes, tan jazz shoes, pink and tan convertible tights, and black jazz pants or capris.

Boys: Solid-color t-shirt or camisole, black dance pants or capris, and black dance sneakers or black street sneakers* for class.

Adults: Attire should be comfortable clothing appropriate for the style that allows free range of movement. Proper shoes are required.

No rubber-soled shoes.

ABSOLUTELY NO: Baggy t-shirts, sweat pants or pajama pants, dangling jewelry or rings (stud earrings are acceptable), or street shoes in the studio.

*Only to be worn for class, inside the studio, DO NOT wear your black street sneakers outside or for anything other than dance class.

