PARENT CHILD SWIM LESSONS
AGES 4 MONTHS – 3 YEARS

ABOUT THE PROGRAM

Our Ripples Program is a progressive parent/child learn-to-swim experience for swimmers aged 4 months to 3 years. Classes meet weekly for 30 minutes, and our 12:1 instructor-to-swimmer ratio ensures plenty of individual attention for each child.

We focus on foundational water skills such as back floating, blowing bubbles, paddling with arms, climbing out of the pool, walking along the wall, and overall water safety. Swimmers begin in Ripples 1 and progress through Ripples 2 and 3 as they master skills.

SESSION DETAILS – FALL 2026, SESSION 2

- Dates: Monday 11/2 - Sunday 12/20
- Swimmer Eligibility: 4 months – 3 years (as of 11/2)
  - For current participants, max age is 3.5 years
    - If your swimmer is 3, register for another session of Ripples. The Waves Admin team will reach out to you when Splash spots become available.
  - For new participants 3 years and older, email wavesadmin@weymouthclub.com for Splash or Waves class placement and availability.
- **Registration Fee:** A one-time registration fee of $29 will be applied to all non-member participants for whom the fee has not been assessed in past programs.

Note: After Fall 2026 Session 2, there will be no group swimming lessons between 12/21 and 1/1. Programming will resume on Saturday 1/2/27.

REGISTRATION TIMELINE

- **Priority Registration:** Tuesday, October 13th at 6pm
  - Current program participants and Weymouth Club Member swimmers
- **Open Enrollment:** Tuesday, October 20th at 6pm
  - New non-member and former swimmers
- Online registration instructions will be sent out several days prior to registration period openings.

SESSION PRICING				
DAY	# CLASSES	MEMBER PRICE	NONMEMBER PRICE	LAST DAY
Mondays	7	$161	$196	12/14
Tuesdays	7	$161	$196	12/15
Wednesdays	7	$161	$196	12/16
Thursdays	6	$138	$168	12/17
Fridays	6	$138	$168	12/18
Saturdays	7	$161	$196	12/19
Sundays	7	$161	$196	12/20

ADDITIONAL REGISTRATION INFO

- To use a gift card or account credit toward registration, email ripples@weymouthclub.com. Our online system is unable to process credits or accept gift cards.
- Registration is non-refundable and non-transferable after November 2nd.
- There will be no makeup lessons or credits offered for personal absences.
  - In the case of a cancellation by the Weymouth Club, we will reach out to reconcile.
- If Weymouth Club is unable to collect payment for any reason, a $20 administrative fee will be assessed to your account. Any outstanding balance, including applicable fees, will remain due until paid. If payment remains outstanding for two or more months, management reserves the right to forward the balance to a credit/collection agency.

SESSION CALENDAR							
	MON	TUES	WED	THURS	FRI	SAT	SUN
NOV	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30						
DEC		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20

= No Class

CLASS OFFERINGS							
LEVEL	**MONDAYS**	**TUESDAYS**	**WEDNESDAYS**	**THURSDAYS**	**FRIDAYS**	**SATURDAYS**	**SUNDAYS**
RIPPLES 1	10:00am 11:30am 4:30pm 6:00pm	10:00am 4:30pm 6:00pm	10:00am 5:00pm 5:30pm	9:30am 10:30am 5:00pm	9:00am 10:30am	9:00am 10:30am 11:00am	9:00am 9:30am 11:00am
RIPPLES 2	10:30am 4:00pm 5:30pm	9:00am 10:30am 5:30pm	9:30am 10:30am 4:30pm 6:00pm	10:00am	10:00am	8:30am 9:30am	8:00am 10:00am
RIPPLES 3	11:00am 5:00pm	9:30am 5:00pm	11:00am 4:00pm	11:00am 5:30pm	9:30am	10:00am	8:30am 10:30am

PROGRAM PROTOCOLS

- Lessons are 30 minutes each, scheduled weekly.
- Lessons take place in our recreational pool, which is heated year-round and indoors from Labor Day to Memorial Day.
- Each swimmer is to be accompanied by one adult. Additional adults are not permitted to join class. This preserves space for learning and limits distractions.
- A minimum of 3 students must be enrolled for any class to run.

LESSON LOGISTICS

- Check in with the Deck Coordinator upon arrival at the Rec Pool – they take attendance and can help you get oriented on the pool deck.
- Wait to enter the pool until your lesson begins / your instructor calls you in.
- Do not move chairs and follow all posted signage on deck.
- Do not crowd the stairs or lesson area; it is a distraction to swimmers.

IMAGE RELEASE

At times, the Weymouth Club will photograph or video record programming and its participants for marketing purposes. By registering your swimmer for a Ripples class, you acknowledge that their likeness may be captured and used in Weymouth Club social media and marketing materials.

CODES AND POOL CLOSURES

Swim Diaper Requirements (Code Brown Prevention)

- All Ripples swimmers must wear 2 layers of protection under their bathing suit.
  - **Inner Layer:** Disposable Swim Diaper
  - **Outer Layer:** Non-adjustable reusable diaper (Available for purchase at the Aquatics Pro Shop or Amazon)
- If you think your child may have had an accident, take them out of the pool before checking their diaper.

Food and Water Consumption (Code Green Prevention)

- Limit food intake from TWO TO THREE HOURS before class.
- Monitor water consumption during class.
- If vomiting happens frequently, inform your instructor so they can assist in addressing and preventing it.
- If a swimmer vomits, they must be removed from the class and are not allowed to return that day.

Note: If a child has two code accidents (green or brown) within six months, their participation will be put on hold. There will be no refunds, make-ups, or credits for classes missed due to this hold status.

FAQ'S

- Can I be the swim partner for both my children?
  - Each child needs an adult partner. The swim partner should be able to consistently attend the weekly lessons.
- My child is potty trained. Do they still need to wear diapers?
  - All children in the Ripples program, regardless of being potty trained or not, must wear two diaper layers. The two layers are a reusable swim diaper and a disposable swim diaper.
  - If a child has two code green/code brown accidents within six months, their participation will be put on hold. Any missed classes due to the hold status, there will be no refund, make-ups, or credits issued.
- When will my swimmer be promoted to the next level?
  - Swimmers typically stay in a level for a few sessions; your instructor will guide you in choosing the best class for your swimmer.
- Is there a lifeguard on duty during class?
  - Yes, safety is our #1 priority. We always have lifeguards on duty while the pool is in use.
- Will the pool be too cold for my little swimmer?
  - No – your swimmer will be cozy in our heated pool. Our recreation pool is heated to a minimum of 86 degrees Fahrenheit.

- Can I go swimming with my child before or after our swimming lesson?
  - Pool usage is for members only. This includes our rec pool, lap pool, and both splash pools. To explore membership options, email membership@weymouthclub.com.
  - Club Members: Please refer to the current Aquatics pool schedule for open swim timing. Swimmers aged 16 and under must wear a wristband while using the pool and need adult supervision.
- If I withdraw in the middle of the session, do I get a refund?
  - There are no refunds for withdrawals or absences.
- Can we change out of our swimsuits after class?
  - Yes - the Family Locker Room has dedicated changing rooms and changing tables. We also have deck cabanas available. The MA DOH does not permit changing on the pool deck – all diaper and clothing changes must happen in a changing room or cabana.

CURRICULUM / SESSION LEARNING OBJECTIVES

Ripples 1
- Assisted back float with ears in the water
- Full submersion in water
- Breath control
- Blow bubbles
- Climb out of the water safely
- Assisted sitting jumps

Ripples 2
- Assisted to independent back float with ears in the water
- Assisted front float
- Assisted kick on back with ears in the water
- Assisted to independent rollover
- Full submersion from wall (sitting to standing)
- Retrieve rings from the bottom of the dock
- Climb out of water independently
- Introduction to pulls, i.e., scoops (the propulsion phase of the stroke)

Ripples 3
- Independent back float
- Independent rollover and float for 20 seconds
- Independent “pulls/scoops” from the dock to caregiver, then wall to dock
- Independent kick on back
- Retrieve ring from bottom of pool
- Standing jump, to roll over and float independently for 20 seconds
- Follow directions, pool safety, dock safety
- Develop independence from parents to prepare for Splash classes